





# Trevor-Wilmot Consolidated Lunch Menu

September  
2020

Fresh Vegetable Choices and Seasonal Fruit  
are Offered Daily on the Fruit & Vegetable Bar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Southwest Chicken Salad  Red Peppers Fruit Cup Milk	<b>2</b> Independent Learning	<b>3</b> Turkey Deli Sandwich  Baby Carrots Fruit Cup 1% Milk	<b>4</b> Pizza Munchable  Celery Sticks Fresh Fruit 1% Milk
<b>7</b>	<b>8</b> Chicken Caesar Wrap  Celery Sticks Fresh Fruit 1% Milk	<b>9</b> Independent Learning	<b>10</b> Turkey Deli Sub Sandwich  Cucumber Slices Fresh Fruit 1% Milk	<b>11</b> Crispy Chicken Salad  Broccoli Florets Fruit Cup 1% Milk
<b>14</b> WG Chips, Salsa & Cheese Cubes  Baby Carrots Fruit Cup 1% Milk	<b>15</b> Ham Deli Sandwich  Romaine Lettuce Fresh Fruit 1% Milk	<b>16</b> Independent Learning	<b>17</b> Turkey Ranch Wrap  Cherry Tomatos Fresh Apple 1% Milk	<b>18</b> Yogurt Pak with Bagel  Red Peppers Fruit Cup 1% Milk
<b>21</b> Turkey and Cheese Munchable with Crackers  Baby Carrots Fruit Cup 1% Milk	<b>22</b> Deli Ham Sandwich  Celery Sticks Fresh Apple 1% Milk	<b>23</b> Independent Learning	<b>24</b> Chef Salad  Red Peppers Orange Halves 1% Milk	<b>25</b> Turkey BLT Wrap  Cherry Tomato Fruit Cup 1% Milk
<b>28</b> Chicken Caesar Wrap  Baby Carrots Cinnamon Apple Slices 1% Milk	<b>29</b> Pizza Munchable  Celery Sticks Fresh Apple 1% Milk	<b>30</b> Independent Learning		
			 <p>Choose <b>MyPlate.gov</b></p>	

<b>INFORMATION</b>	Lunch	\$2.90
	Reduced Price	\$.40
	Extra Milk	\$.30
<b>EXTRA INFO</b>	Milk choice of 1% White, or Chocolate Skim is included with lunch.	
	For questions or comments, contact the school office at 262-862-2356	



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